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# The Modulating Effect of Mechanical Changes in Lipid Bilayers Caused by ApoE-Containing Lipoproteins on A $\beta$ Induced Membrane Disruption

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**ABSTRACT:** A major feature of Alzheimer's disease (AD), a late-onset neurodegenerative disorder, is the ordered aggregation of the  $\beta$ -amyloid peptide (A $\beta$ ) into fibrils that comprise extracellular neuritic plaques found in the disease brain. One of many potential pathways for A $\beta$  toxicity may be modulation of lipid membrane function. Here, we show by in situ atomic force microscopy (AFM) that astrocyte



secreted lipoprotein particles (ASLPs) containing different isoforms of apolipoprotein E (apoE), of which the apoE4 allele is a major risk factor for the development of AD, can protect total brain lipid extract bilayers from  $A\beta_{1-40}$  induced disruption. The apoE4 allele was less effective in protecting lipid bilayers from disruption compared with apoE3. Size analysis of apoE-containing ASLPs and mechanical studies of bilayer properties revealed that apoE-containing ASLPs modulate the mechanical properties of bilayers by acquiring some bilayer components (most likely cholesterol and/or oxidatively damaged lipids). Measurement of bilayer mechanical properties was accomplished with scanning probe acceleration microscopy (SPAM). These measurements demonstrated that apoE4 was also less effective in modulating mechanical properties of bilayers in comparison with apoE3. This ability of apoE to alter the mechanical properties of lipid membranes may represent a potential mechanism for the suppression of  $A\beta_{1-40}$ induced bilayer disruption.

**KEYWORDS:** Apolipoprotein E, amyloid- $\beta$ , lipid bilayer, cholesterol, atomic force microscopy, Alzheimer's disease

The ordered aggregation of the  $\beta$ -amyloid peptide (A $\beta$ ) as extracellular neuritic plaques in the brain is a major hallmark associated with Alzheimer's disease (AD).<sup>1,2</sup> A $\beta$  is a primarily  $\sim$ 39-42 amino acid long cleavage product of the amyloid precursor protein (APP), a transmembrane protein. The insoluble aggregated form of  $A\beta$ , which deposits in the extracellular space in the brain and on the walls of cerebral blood vessels,<sup>3</sup> exhibits an enhanced  $\beta$ -sheet content as opposed to the partially  $\alpha$ -helical soluble form found in body fluids.<sup>4,5</sup> It has been hypothesized that a potential pathway for  $A\beta$  toxicity may be due to its ability to modulate lipid membrane function. This hypothesis is based on the observation that  $A\beta$  bears a portion of the APP transmembrane domain. Thus, elucidating the interaction between  $A\beta$  and membrane lipids could be critical in understanding potential pathways of A $\beta$  toxicity, especially given the results of studies that demonstrate that changes in membrane composition occur in AD along with the association with plaques, tangles, and neuritic dystrophy.<sup>6–10</sup> Possible toxic effects of A $\beta$ interactions with membranes include disruption of the bilayer structure, changes in bilayer curvature, and/or the creation of membrane pores or channels.<sup>11–22</sup>

Atomic force microscopy (AFM) studies of the interaction of  $A\beta_{1-40}$  with bilayers formed from total brain lipid extract

(TBLE) revealed that, over time,  $A\beta_{1-40}$  aggregation resulted in large-scale bilayer disruption associated with large fiberlike structures.<sup>23</sup> Further studies of TBLE bilayers explored the effect of cholesterol on disruption and  $A\beta$  aggregation.<sup>24</sup> The susceptibility of TBLE bilayers to  $A\beta_{1-40}$  induced disruption was strongly dependent on the cholesterol content of the bilayer. Neither the bilayers in which cholesterol content was increased (by the addition of up to 30% exogenous cholesterol) nor cholesterol-depleted bilayers (achieved by the use of methyl- $\beta$ cyclodextrin) were disrupted by  $A\beta_{1-40}$  over a period of 9–15 h. Aggregation of  $A\beta_{1-40}$  also appeared to be facilitated by the presence of TBLE bilayers, since no A $\beta_{1-40}$  aggregation has been observed in solutions of  $A\beta_{1-40}$  over the same incubation time.<sup>23,24</sup> These results suggest that A $\beta$ -induced membrane disruption could be used as a model system to study the effect of relevant biomacromolecules and complexes on this process.

A disease-related exogenous factor that could potentially modulate  $A\beta$  interactions with supported lipid bilayers is lipoproteins containing apoE. ApoE is a 34 kDa apolipoprotein that

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**Figure 1.** Time-lapse sequence of AFM images of the same surface area demonstrating the evolution of a TBLE bilayer on mica in the process of vesicle fusion. Almost immediately after contacting mica, vesicles formed round bilayer patches (A), which then gradually fused into an increasingly continuous bilayer (B–E), eventually reaching a predominately defect-free stage (F), providing a model surface for studying A $\beta$  aggregation.

has a carboxyl terminal domain that interacts with lipids and an amino terminal domain that interacts with several cell surface receptors.<sup>25,26</sup> There are three main isoforms of human apoE: apoE2, apoE3, and apoE4 which are products of the  $\varepsilon_2$ ,  $\varepsilon_3$ , and ε4 alleles present on a single gene locus on chromosome 19.27 ApoE is present in the central nervous system (CNS) and appears to function in the extracellular transport of lipids during development and repair.<sup>28,29</sup> In the CNS, apoE is primarily produced and secreted by astrocytes<sup>30</sup> and microglia<sup>31,32</sup> and is present in HDL-like particles in the cerebrospinal fluid.<sup>29,33</sup> The  $\varepsilon$ 4 allele of apoE has been shown to be a major risk factor in early onset AD and has been associated with increased amyloid load in the AD brain and mouse models of AD,<sup>34–38</sup> suggesting that different variants of apoE may affect the rate of formation of amyloid plaques. The exact relationship between AD,  $A\beta$ , and apoE remains unclear, but numerous possibilities for this relationship have been postulated. ApoE can promote the aggregation and transition of A $\beta$  into fibrils,<sup>39,40</sup> affect the deposition of A $\beta$  in mouse models of AD,<sup>41</sup> participate in A $\beta$  metabolism in the CNS,<sup>42</sup> and has been shown to have antioxidant activity.<sup>43</sup>

Herein, we explore the effect of apoE3- and apoE4-containing astrocyte-secreted lipoprotein particles (ASLPs) on  $A\beta$ -aggregation and their ability to disrupt TBLE bilayers. This is accomplished through direct observations of bilayer disruption with the aid of in situ AFM. This study makes use of direct observation of bilayer disruption by  $A\beta_{1-40}$  via in situ AFM, followed by quantitative analysis of AFM images and the indirect measurement of bilayer mechanical properties. Analysis of bilayer mechanical properties was accomplished with scanning probe acceleration microscopy (SPAM).<sup>44</sup>

# RESULTS AND DISCUSSION

 $Aβ_{1-40}$  Induced Membrane Disruption. Bilayers used in this study were produced through the fusion of TBLE vesicles on mica (Figure 1). Bilayers formed by TBLE provide an excellent model surface for in situ AFM studies, as they are composed of a physiologically relevant ratio of membrane components, that is, acidic and neutral phospholipids, gangliosides, cholesterol, sphingolipids, and isoprenoids. The time needed to form a predominately defect-free bilayer is also significantly reduced under the influence of the scanning AFM tip, as areas not imaged exhibit less vesicle fusion within 50–100 min of injection of lipid



**Figure 2.** In situ AFM images illustrating disruption of TBLE bilayers supported on mica by fresh solutions of  $A\beta_{1-40}$  (final concentration of  $A\beta$  was 9.6  $\mu$ g/mL). In the large area scan (A), the left portion of the bilayer underwent nearly total disruption, manifested as bilayer roughening or holes, which extends all the way to the mica surface (indicated by yellow arrows). Higher magnification 3D images (B–D) reveal that disrupted bilayer regions formed around fibrillar (B, C) and oblong (D) objects, resembling  $A\beta$  aggregates typically observed by AFM (see Figure 4). Bilayers were supported on mica substrates. Examples of oligomeric and fibrillar aggregates are indicated by blue and red arrows, respectively.

vesicles into the fluid cell compared with continuously imaged areas. This could be due to the force exerted when pushing vesicles to the surface and flattening them, thus facilitating their fusion. Such vesicle fusion into planar bilayers is well-known.<sup>45</sup>

Experiments were conducted with  $A\beta_{1-40}$  to verify observations of TBLE bilayer disruption by  $A\beta_{1-40}$  from the literature.<sup>23,24</sup> Initially, when aliquots of freshly prepared solutions of  $A\beta_{1-40}$  were added to the TBLE bilayers (final concentration of 9.6  $\mu$ g/mL), discrete aggregates of  $A\beta$  appeared on (possibly in) the bilayer. After 1–2 h, patches of increased bilayer roughness appeared that were surrounded by undisturbed lipid bilayer (Figure 2). Often these areas of increased bilayer roughness were associated with globular oligomers and elongated



**Figure 3.** Quantitative assessment of  $A\beta_{1-40}$  bilayer disruption by analysis of height profiles and rms roughness of images taken before (A) and after (B,C) exposure to  $A\beta_{1-40}$  at a final concentration of 9.6  $\mu$ g/mL. Black lines in the images correspond to the profiles shown below each image.



**Figure 4.** AFM images of typical A $\beta$  aggregates forming in "free" solution: globular species (A), protofibrils (B), and mature fibrils (C). These aggregates were deposited on mica and imaged in air. For A $\beta_{1-40}$ , mature fibrils appeared after  $\sim$ 4–6 days of incubation at room temperature.

fibrils. The oligomers were predominately 2.5-5 nm in height with an aspect ratio smaller than 2.5 (longest distance across to shortest distance across), which indicated a predominantly round, globular structure. Fibrils were defined as having an aspect ratio larger than 2.5, which indicates an elongated structure, and the height of fibrils was typically 5-10 nm. A freshly formed bilayer had a root-mean-square (rms) surface roughness of  $\sim$ 0.12 nm measured over 6.25  $\mu$ m<sup>2</sup> (Figure 3A). After exposure to  $A\beta_{1-40}$  areas appeared on the bilayer with an increased rms surface roughness of  $\sim$ 0.44 nm measured over 6.25  $\mu$ m<sup>2</sup> (Figure 3B), and as fibrils formed, the surface roughness of areas associated with fibrils reached as high as 2 nm measured over 4  $\mu$ m<sup>2</sup> to exclude areas of remaining intact bilayers seen in the image from the analysis (Figure 3C). The fraction of bilayer surface area exhibiting some amount of increased roughness was quite large (41.6%  $\pm$  15.9% averaged over four experiments). At longer times, holes that extended all the way through the bilayer to the mica substrate appeared. The TBLE bilayers contained on average 6.1  $\pm$  0.9 (SD) fibrils/ $\mu$ m<sup>2</sup> at 5 h after addition of  $A\beta_{1-40}$ . The observation of elongated protofibrillar and fibrillar aggregates associated with membrane disruption is striking at such short time scales (within 2–10 h at 9.6  $\mu$ g/mL as seen in Figure 2) given that similar structures appeared in the 48  $\mu$ g/mL stock solution of A $\beta_{1-40}$  stored at room temperature only after



**Figure 5.** In situ AFM images illustrating that apoE-containing ASLPs are not incorporated into or absorbed onto the bilayer. Images of a TBLE bilayer (A) before and (b) 60 min after exposure to  $30 \,\mu g/mL$  of apoE3-containing ASLPs demonstrate that no substantial morphological changes to the bilayer occur. The blue arrows indicate features that were present in both images, which verify these are images of the same area. In comparison, (C) a large number of particles appear on a mica surface within 60 min upon exposure to solutions of  $30 \,\mu g/mL$  of apoE3-containing ASLPs.

4-6 days (Figure 4). This indicates that the presence of the TBLE lipid bilayer facilitates the aggregation of A $\beta$  into higher order structures as previously observed.<sup>23,24</sup> Due to instrument heating, the temperature of solution imaged under AFM may have been slightly higher than that in stock solutions incubated at room temperature. However, the A $\beta$  in the atomic force microscope was also more dilute than the stock solution (9.6  $\mu$ g/mL compared to 48  $\mu$ g/mL). Interestingly, fresh, that is, less than 1 day old, solutions of  $A\beta_{1-40}$  were needed to induce bilayer disruption, implying that monomeric or small oligomeric forms of A $\beta_{1-40}$  are necessary to disrupt bilayers and suggesting that larger aggregates are unable to insert into the bilayer to cause disruption. This observation is potentially important in elucidating how different forms of A $\beta$  are toxic. To control for any influence of the AFM tip on A $\beta$  aggregation and A $\beta$ -induced bilayer disruption, only a small portion of the bilayer was continuously scanned. This allowed for areas that had not been continually scanned after the addition of A $\beta$  to be imaged at later time points for comparison. The scanning AFM tip did not have any discernible effect on A $\beta$  aggregation or A $\beta$ -induced bilayer disruption.

ApoE3- and ApoE4-Containing ASLPs Are Protective against Membrane Disruption. TBLE bilayers were exposed to ASLPs for an hour before the addition of A $\beta_{1-40}$ . After this hour, limited morphological changes of the TBLE bilayers or discrete ASLPs were observed, suggesting that ASLPs were not incorporated into or absorbed onto the bilayer (Figure 5A,B). This is in direct contrast to the numerous ASLPs that are observed at the same concentrations on mica within 1 h when imaged in solution by AFM (Figure 5C). Results of in situ AFM observations of bilayer interactions with  $A\beta_{1-40}$  in the presence of ASLPs containing apoE3 and apoE4 are shown in Figure 6A–D. When TBLE bilayers were pretreated with apoE3containing ASLPs,  $A\beta_{1-40}$  bilayer disruption was inhibited (no increased surface roughness observed) to varying extents, depending on lipoprotein concentration. At a concentration of 30  $\mu$ g/mL of apoE3-containing ASLPs, no increased bilayer roughness was observed after 9 h. Aggregate formation was also inhibited (Figure 6A) with fewer fibrils  $(0.05 \pm 0.02 \text{ (SD) fibrils})$  $\mu$ m<sup>2</sup> after ~5 h) appearing on the bilayer surface in comparison to bilayers exposed to  $A\beta$  alone (Figure 6E). At a concentration of 10  $\mu$ g/mL of apoE3-containing ASLPs, elongated fibrillar species appeared more frequently (0.3  $\pm$  0.2 (SD) fibrils/ $\mu$ m<sup>2</sup> after  $\sim$ 5 h). Some of these fibrillar aggregates were associated with minimal bilayer disruption; however, the vast majority of the



Figure 6. In situ AFM images illustrating the impact of apoE3- or apoE4-containg ASLPs on the interaction of TBLE bilayers with A $\beta_{1-40}$ . In all AFM images, examples of oligomeric and fibrillar aggregates of A $\beta_{1-40}$  are indicated by blue and red arrows, respectively. AFM images of TBLE bilayers pretreated with apoE3-containing ASLPs at concentrations of (A) 30  $\mu$ g/mL and (B) 10  $\mu$ g/mL before exposure to A $\beta_{1-40}$  demonstrate that apoE3containing ASLPs prevented bilayer disruption induced by  $A\beta_{1-40}$ , and only a limited number of aggregates were observed. AFM images of TBLE bilayers pretreated with apoE4-containing ASLPs at concentrations of (C) 30  $\mu$ g/mL and (D) 10  $\mu$ g/mL before exposure to A $\beta$  demonstrate that apoE4-containing ASLPs also prevented bilayer disruption and aggregate formation of  $A\beta_{1-40}$ , but to a lesser extent than their apoE3 counterparts. For all images in (A–D), the time stamps indicate the elapsed time after the initial exposure of the bilayer to A $\beta_{1-40}$ . (E) The number of fibrils per  $\mu$ m<sup>2</sup> on TBLE bilayers was quantified in several images for each condition taken 5–6 h after the addition of A $\beta_{1-40}$ . Both apoE3- and apoE4-containing ASLPs significantly reduced the number of fibrils formed by A $\beta_{1-40}$  (p < 0.01). A t test was used to compare the number of fibrils per  $\mu$ m<sup>2</sup> in bilayers pretreated with 30  $\mu$ g/mL of apoE3 to apoE4 and 10  $\mu$ g/mL of apoE3 to apoE4. Both comparisons were significantly different to the p < 0.05 confidence level. (F) The percent area of TBLE bilayers containing increased roughness and/or  $A\beta_{1-40}$  aggregates 5 h after the addition of  $A\beta_{1-40}$  was determined. Both apoE3- and apoE4-containing ASLPs significantly reduced bilayer disruption and aggregation by  $A\beta_{1-40}$  (p < 0.01). A t test was used to compare disruption/aggregation in the 30  $\mu$ g/mL samples of apoE3 to apoE4 and the 10  $\mu$ g/mL samples of apoE3 to apoE4. ApoE3 treated bilayers had significantly less disruption/aggregation than apoE4 treated bilayers with p < 0.05 and 0.01, respectively, for the 30  $\mu$ g/mL and 10  $\mu$ g/mL treatments. For (E,F), \* Indicates an ASLP concentration of 30  $\mu$ g/mL, and \*\* indicates an ASLP concentration of 10  $\mu$ g/mL. Error bars in (E,F) indicate the standard deviation for data acquired across several separate experiments. There were four independent experiments performed with  $A\beta_{1-40}$  alone and with pretreatment with  $30 \,\mu g/mL$  apoE3-containing ASLPs. All other experimental conditions were performed in triplicate.

fibrils observed were not (Figure 6B). For comparison to bilayers exposed to  $A\beta$  alone without pretreatment with apoE3-containing ASLPs, the total surface area of the bilayer that was disrupted (increased surface roughness) and/or contained  $A\beta$  aggregates was measured. ApoE3-containing ASLPs reduced this area to 2.28%  $\pm$  0.41% at 30  $\mu$ g/mL and 5.08%  $\pm$  1.69% at 10  $\mu$ g/mL (Figure 6F). Both reductions were significant to p < 0.01.

At a concentration of 30  $\mu$ g/mL of apoE4-containing ASLPs, bilayer disruption was minimal for up to 9 h, yet fibril formation associated with the bilayer was still observed (Figure 6C). At a concentration of 10  $\mu$ g/mL of apoE4-containing ASLPs, the supported bilayers were disrupted (increased surface roughness) by the addition of A $\beta_{1-40}$  (Figure 6D), but to a lesser extent than nontreated bilayers. The disruption was manifested as small patches of increased rms surface roughness on the order of 0.4 nm. Many of these patches occurred in the immediate vicinity of elongated fibrils; however, others appeared to be fibril-free. In contrast to experiments on bilayers exposed to  $A\beta$ without pretreatment with ASLPs, no holes spanning the entire bilayer were observed. This observation indicates that the disruption process was suppressed to some extent even at this low concentration of apoE4-containing ASLPs. For comparison to experiments performed without pretreatment with apoE4containing ASLPs before the addition of  $A\beta_{1-40}$ , the total surface area of the bilayer that was disrupted (increased surface roughness) and/or contained  $A\beta$  aggregates was again measured. ApoE4-containing ASLPs reduced this area to  $5.50\% \pm 1.46\%$ at 30  $\mu$ g/mL and 17.3%  $\pm 3.6\%$  at 10  $\mu$ g/mL (Figure 6F). Both reductions were significant to p < 0.01.

In contrast to apoE3-containing ASLPs, treatment of TBLE bilayers with various concentrations of apoE4-containing ASLPs resulted in the appearance of more  $A\beta_{1-40}$  fibrils (0.6 ± 0.4 (SD)

and 1.1  $\pm$  0.2 (SD) fibrils/ $\mu$ m<sup>2</sup> for treatment with 30 and 10  $\mu$ g/mL of apoE4, respectively, as seen in Figure 6E). The increases in the number of fibrils observed in the presence of apoE4 at each concentration were significant to the 0.05 confidence level by a t test compared to apoE3-containing ASLP treatment at the same concentration. However, apoE4-containing ASLPs were still able to significantly reduce the number of fibrils compared to controls without any ASLP pretreatment (Figure 6E). Although apoE4-containing ASLPs suppressed bilayer disruption by  $A\beta_i$ , it was less effective compared to apoE3-containing ASLPs. While there were fewer aggregates observed on the TBLE bilayers with pretreatment with both apoE3- and apoE4-containing ASLPs, the morphologies of the observed aggregates were indistinguishable from those formed on untreated bilayers. For example, oligomers (aggregates with an aspect ratio smaller than 2.5) were still predominately 2.5-5 nm in height, and fibrils (aggregates with an aspect ratio greater than 2.5) were typically 5-10 nm in height. When using a simple *t* test, the % area of bilayer containing disruption and/or A $\beta$  aggregates was significantly different between apoE3- and apoE4-containing ASLP pretreated bilayers at concentrations of both 10 and 30  $\mu$ g/mL (Figure 6F).

The direct interaction between the apoE-containing ASLPs and  $A\beta$  was explored through incubation experiments using ex situ AFM, according to the protocol established in studies of inhibition of  $A\beta$  fibrillogenesis by anti- $A\beta$  antibodies.<sup>46</sup> Whereas those studies clearly revealed various degrees of fibrillogenesis inhibition by different antibodies, apoE-containing ASLPs had no discernible effect on aggregation (data not shown). This suggests that the impact of lipoproteins on  $A\beta$  fibrillogenesis is limited to the processes occurring in the presence of (or triggered by) lipid, perhaps due to the alteration of bilayers properties by ASLPs.

ASLPs Swell in the Presence of TBLE Bilayers. To elucidate how ASLPs inhibit  $A\beta_{1-40}$  induced bilayer disruption, the interaction between bilayers and ASLPs was explored. It is important to note previous studies that demonstrated inhibition of A $\beta_{1-40}$  TBLE bilayer disruption by lowering the cholesterol content of the bilayer by treatment with methyl- $\beta$ -cyclodextrin<sup>24</sup> and that the addition of cholesterol to sphingomyelin bilayers increased  $A\beta_{1-40}$  binding and aggregation.<sup>47</sup> It has also been shown that A $\beta$  can insert into cholesterol-containing phosphatidylcholine monolayers and displace the sterol.<sup>48</sup> As lipoproteins play a role in extracellular cholesterol transport, these observations point to the possibility that the apoE-containing ASLPs could modulate the cholesterol content of the TBLE bilayers. To test this hypothesis, apoE3-containing ASLPs were exposed to supported TBLE bilayers, collected, and imaged in situ on mica. ASLP size distributions were determined by quantitative image analysis using tip contribution correction methods.<sup>49</sup> In previous studies carried out with nascent lipoprotein particles, apoE3containing ASLPs appeared as flat discoidal nano-objects.<sup>49</sup> In comparison to these nascent apoE3-containing ASLPs, ASLPs exposed to bilayers increased in both volume and height, but not diameter (Figure 7). Their dimensions now closely resembled those observed for plasma HDLs.<sup>49</sup> The observed increase in volume is consistent with lipoprotein particles acquiring some component (most likely cholesterol and phospholipids) from bilayers. It is known that lipoprotein particles can acquire cholesterol and phospholipids from bilayers via aqueous diffusion and/or collisions. $^{50-53}$  Cholesterol is relatively easily removed and inserted into lipid membranes, as modulation of



Figure 7. Comparison of apoE3-containing ASLPs before and after exposure to TBLE bilayers. 3D in situ AFM images of apoE3-containing ASLPs acquired before (A) and after (B) exposure to bilayers demonstrating swelling of ASLPs after exposure to the bilayers. Volume (C), height (D), and diameter (E) distributions for apoE3-containing ASLPs before and after exposure to supported lipid bilayers based on quantitative analysis of AFM images. The distributions of apoE3-containing ASLPs before exposure to TBLE were compiled from 20 images that were 3 × 3  $\mu$ m<sup>2</sup> for a total number of 1120 particles measured. The distributions of apoE3-containing ASLPs after exposure to TBLE were compiled from 15 images that were 3 × 3  $\mu$ m<sup>2</sup> for a total number of 563 particles measured.

cholesterol content is one way in which the fluidity of membranes is regulated in cells. Therefore, depletion of cholesterol content in bilayers, or the interaction of apoE-containing lipoproteins with cholesterol, could be one factor in inhibiting their disruption by  $A\beta$ . ASLPs could also be removing oxidatively damaged lipid components that have been shown to increase  $A\beta$  aggregation, <sup>54–56</sup>/<sub>54–56</sub> as apoE has been shown to have antioxidant activity. <sup>43,57–61</sup>

ApoE3 and ApoE4 Appear to Alter Membrane Rigidity. Experiments described thus far indicate that rather than directly affecting A $\beta$  fibrillogenesis, ASLPs modulate A $\beta$ 's interaction with lipid bilayers. As ASLPs apparently uptake bilayer components, suppression of A $\beta$  induced disruption of bilayers may be related to lipoproteins modulating bilayer properties. Depletion of cholesterol content and/or the removal of oxidatively damaged membrane components are two of the plausible scenarios. Cholesterol residing in bilayer membranes can alter acyl chain mobility, and the net effect of cholesterol on bilayer fluidity varies based on lipid composition and temperature.<sup>62-65</sup> At the lipid content and concentrations commonly found in eukaryotic plasma membranes, cholesterol usually results in increased membrane rigidity.<sup>62–65</sup> Oxidative modifications of polyunsaturated fatty acids generally increase the rigidity of lipid bilayer membranes due to steric hindrance restricting the movement of lipid acyl chains.<sup>66,67</sup> Peroxidation of lipid components of membranes is a possible explanation for age-dependent reduc-tion of membrane fluidity.<sup>67,68</sup> Given the indication that ASLPs sequester away bilayer components, changes in the mechanical properties of the bilayers can be expected. TBLE bilayers contain a large percentage of cholesterol and are susceptible to oxidative damage. Removal of cholesterol and peroxidized lipid components from the bilayer would alter its fluidity by making the membrane softer, potentially making the bilayers less susceptible to  $A\beta_{1-40}$  disruption. This is supported by observations that  $A\beta$ preferentially accumulates on gel phase domains of lipid bilayers as opposed to fluid domains.<sup>69</sup> It has also been observed that  $A\beta$ 



**Figure 8.** Scanning probe acceleration microscopy allows for the indirect measurement of mechanical properties by reconstructing the instantaneous the tip/sample force in tapping mode AFM. Exposed mica is clearly seen in a standard (A) height image of bilayer patches. (B) The trajectory of the cantilever is filtered using Fourier transform, and the second derivative of the cantilever trajectory is used to reconstruct the tip/sample tapping force. (C) A reconstructed map of the maximum tapping forces demonstrates that imaging forces can be used to construct spatially resolved maps of surface properties. The diagonal white dots in the image are an artifact due to acquiring the deflection signal with a fixed sampling rate. (D) Reconstructed tip/sample force interactions in regions corresponding to mica and bilayer.

preferentially accumulates on oxidatively damaged lipids compared to nonoxidatively damaged lipids.<sup>54</sup>

To establish if exposure to apoE-containing ASLPs altered bilayer fluidity, SPAM<sup>44</sup> analysis of bilayer rigidity was performed. The suitability of this technique for this purpose stems from its ability to partially reconstruct time-resolved forces acting between the AFM tip and sample surface in a tapping mode experiment based on the analysis of the cantilever deflection signal (Figure 8). Although the average force per oscillation cycle remains constant at any given set of operation parameters, specific features of timeresolved tip/sample force interactions change in response to different mechanical properties of surfaces. For example, the contact time increases for softer samples while the maximum tapping force  $(F_{max})$  is reduced. Due to the direct correlation between maximum tapping force and surface rigidity, maximum tapping force maps provide information about the relative rigidity of surfaces. When comparing topography (Figure 8A) and  $F_{max}$ (Figure 8C) images of supported lipid bilayer patches on mica, it is apparent that contrast in the  $F_{max}$  image can distinguish between bilayers (darker patches in Figure 8C) and mica (brighter areas in Figure 8C).

Force maps were constructed for bilayer patches on mica before and 2 h after treatment with either apoE3- or apoE4-containing ASLPs (Figure 9). Histograms of  $F_{\text{max}}$  reveal that  $F_{\text{max}}$  associated with the bilayer decreased after the addition of the

lipoproteins (Figure 9I,J), representing a softening or increase in fluidity of the bilayer ( $F_{max}$  associated with mica acts as an internal control). As removal of cholesterol and peroxidated lipids is a known mechanism to alter bilayer stiffness, this supports the notion that ASLPs extract these types of components from bilayers. Comparisons between experiments are complicated by the fact that a new cantilever is needed for each run to prevent contamination, resulting in slightly different values of  $F_{\text{max}}$  in each experiment (compare the scales for Figure 9I,J). Despite this complication, comparisons of the relative shift of maximum tapping force associated with the bilayer can be made.<sup>70</sup> In this regard, it appears that apoE3-containing ASLPs soften the bilayer to a greater extent than their apoE4-containing counterparts, as the relative shift in maximum tapping force is much greater. This observation might be one of the factors making apoE3 more effective in protecting TBLE bilayers from A $\beta$ -induced disruption.

While the ability of  $A\beta_{1-40}$  to disrupt supported TBLE bilayers has already been described elsewhere, 23,24 studies described here illustrate that apoE3- and apoE4-containing ASLPs are capable of inhibiting  $A\beta_{1-40}$  induced bilayer disruption, with apoE3 being more efficient in this regard. The protective action of ASLPs may be due to their ability to alter the TBLE bilayers (e.g., through cholesterol and/or oxidatively damaged lipid extraction), as demonstrated by particle size and SPAM analysis. As lipoproteins are known to function in cholesterol transport, this is one plausible scenario, and senile plaques composed of A $\beta$ have been shown to be enriched in cholesterol content in AD patient brains.<sup>71</sup> Furthermore, the ability of A $\beta$  to be incorporated into cellular membranes was shown to be dependent on cholesterol, with high cholesterol content in membranes being associated with increased A $\beta$  incorporation and cell death.<sup>7</sup> However, apoE has also been shown to have antioxidant activity in cell culture and in vivo,  $^{58-61}$  and the protective properties of apoE-containing ASLPs could be due to their ability to act as antioxidants. This could also explain the isoform dependence observed here, as it has been shown that conditioned medium from apoE-transfected macrophage cell culture protects neuronal cell culture against oxidative environments in an isoform dependent manner.<sup>43</sup> These observations suggest that the role of different apoE isoforms in AD may, after all, lie in their respective ability to efficiently sequester and transport membrane components, such as cholesterol or oxidatively damaged lipids, in the CNS.

As the major risk factor associated with AD is aging, changes in membrane composition and physical properties associated with aging may play a role in increasing cellular susceptibility to A $\beta$ cytotoxicity. Both enhanced cellular cholesterol content<sup>71,73,74</sup> and oxidative damage<sup>67,75</sup> are associated with aging, decreased fluidity of membranes, and AD. The continuous production of reactive oxygen species (ROS) has been one of the major focuses of age related research since the "free radical theory" of aging was first proposed.<sup>76–78</sup> This theory simply states that aging results in damage generated by the production of ROS.<sup>79</sup> The potential importance of ROS generation in aging is underscored by the existence of enzymes that function to prevent or counteract the damage caused by such species.<sup>80</sup> Oxidative modifications of polyunsaturated fatty acids generally increase the rigidity of lipid bilayer membranes due to steric hindrance restricting the movement of lipid acyl chains.<sup>66,67</sup> Importantly, A $\beta$  oligomers preferentially accumulate near the plasma membrane of oxidatively damaged cells<sup>81</sup> and evidence of enhanced oxidative damage is



**Figure 9.** SPAM analysis demonstrating the impact of apoE3- and apoE4-containing ASLPs on TBLE bilayer rigidity. To facilitate comparison, TBLE samples were prepared as isolated bilayer patches on mica (A–D), providing an internal reference as shown in height images. The values of  $F_{max}$  are directly related to the rigidity of the surface, with softer surfaces resulting in smaller values of  $F_{max}$ . In all  $F_{max}$  maps (E–H), bilayers appeared as darker (softer) regions. (I, J) Histograms of  $F_{max}$  were distinctly bimodal, with modes corresponding to the mica and bilayer surfaces. After the addition of apoE-containing ASLPs, the mode corresponding to the bilayer shifted, indicating bilayer softening. This shift was less pronounced for apoE4-containing ASLPs (~9% compared to ~20% for apoE3), indicating that they were less effective in altering the rigidity of bilayers.

observed in AD brains.<sup>82,83</sup> The ability of apoE-containing lipoprotein particles to influence membrane composition by removing cholesterol or oxidatively damaged membrane components may play an important role in counteracting these age-related changes.

There is mounting evidence that the cytotoxic effects of A $\beta$ may be associated with its interaction with cellular membranes. Several studies have reported that  $A\beta$  directly binds to membrane components leading to physical changes in membrane properties.  $^{84-86}$  While it is well documented that surfaces can influence aggregate morphology and stability,<sup>87–91</sup> the composition and biophysical properties of membranes appear to also have an impact on  $A\beta$  conformation, insertion into the membrane, and aggregation.<sup>24,72,92</sup> Electrostatic interactions with surfaces can also have a pronounced effect on A $\beta$  aggregation. It has been demonstrated that aggregation of  $A\beta$  on a negatively charged mica surface is markedly different compared to aggregation on a neutral graphite surface.<sup>90</sup> Even without changing the surface charge, altering the charge of the A $\beta$  peptide by introduction of disease-related point mutations can lead to unique aggregation on both mica<sup>91</sup> and TBLE bilayer surfaces.<sup>93</sup> Changes in bilayer composition observed here could also potentially change the surface charge of the membrane, potentially influencing the ability of  $A\beta$  to aggregate and disrupt the bilayer. For example, removal of neutral cholesterol molecules could potentially increase the charge density by allowing the charged head groups of other lipid components to pack more efficiently. It has also often been observed that exogenously added A $\beta$  will selectively bind a subset of cells in an apparent homogeneous population of cells in culture.<sup>94–96</sup> This selectivity may also be influenced by specific lipid interactions,  $9^{7-100}$  which would be directly related to membrane composition. ApoE-containing ASLPs were able to directly influence the biophysical properties of the model lipid membranes used in this study by uptake of membrane components with the efficiency of this process being isoform dependent. This ability of lipoprotein particles may play a role in modifying the ability of A $\beta$  to bind to cells by controlling membrane composition. While precise mechanisms by which A $\beta$  aggregates are toxic remain unclear, A $\beta$  binding to cellular and subcellular membranes represents a potentially fundamental step in AD pathology.

Although the studies presented here do not provide any direct evidence of the interaction of A $\beta_{1-40}$  with ASLPS, the possibility

that apoE3 and apoE4 ASLPs altered the A $\beta_{1-40}$  aggregation pathway itself cannot be completely ruled out. Previous studies demonstrated that lipid-free apoE bound to  $A\beta$  to form stable complexes and that apoE4 bound A $\beta$  more rapidly.<sup>101,102</sup> Later studies with lipidated forms of apoE found that apoE3 (and apoE2) would form complexes with A $\beta$  more efficiently than apoE4.<sup>103-105</sup> However, it is apparent that apoE does have an effect on A $\beta$  in the presence of lipids and/or cholesterol, pointing to the importance of incorporating all of these factors in designing experiments aimed at elucidating the interaction between apoE and A $\beta$ . The observation that fresh solutions of  $A\beta_{1-40}$  were required to induce bilayer disruption is consistent with the notion that early, prefibrillar forms of A $\beta_{1-40}$  might play a key role in toxicity. This notion, which is supported by several different studies,<sup>106–109</sup> continues to receive considerable attention in the field of AD. Potential candidates for such toxic species include soluble  $A\beta$  oligomers or amyloid-derived diffusible ligands  $(ADDLs)^{110}$  and  $A\beta$ \*56 oligomers.<sup>111</sup>

The suppression of A $\beta$  conversion to a fibrillar form by apoE3 and apoE4 in the presence of TBLE bilayers is consistent with observations from a mouse model of AD demonstrating that human apoE3 and E4 suppress A $\beta$  deposition in vivo. GFAPapoE2, -apoE3, and -apoE4<sup> $\pm$ </sup> transgenic mice expressing similar levels of human apoE by astrocytes in the absence of mouse apoE to  $PDAPP^{+/+}$ ,  $apoE^{-/-}$  mice were bred, and analysis of these mice revealed several interesting findings.<sup>38,112,113</sup> A $\beta$  deposits began to develop by 9 months of age in  $PDAPP^{\pm}$  mice in the presence or absence of mouse apoE, and these deposits increased dramatically by 15 months of age (apo $E^{+/+} \gg apoE^{-/-}$  in absolute level; apo $E^{-/-}$  with no fibrillar A $\beta$ ). In contrast to the effects of mouse apoE or no apoE on A $\beta$  deposition, human apoE2, apoE3, and apoE4, expressed at comparable levels to endogenous mouse apoE, delayed A $\beta$  deposition until 15–24 months of age. At 15 months of age, some mice expressing apoE3 and apoE4 began to develop similar patterns of A $\beta$  deposition in the form of both diffuse and neuritic plaques as was observed in the presence of mouse apoE. Furthermore, A $\beta$  deposition and neuritic plaques were more abundant in apoE4 than apoE3 expressing mice. By 18-22 months of age, some apoE2-expressing mice had begun to develop diffuse plaques, but no neuritic plaques had developed. The different effects of human apoE on A $\beta$  as compared to murine apoE may be due to mouse apoE being only  $\sim$ 70% identical to human apoE at the amino acid level, and it has been shown to have inherent functional differences compared with human apoE isoforms on plasma lipoprotein metabolism in vivo.<sup>114</sup> Such data suggests a critical and isoform specific role for apoE in conversion of A $\beta$  to a fibrillar form with ensuing neuritic plaque formation (E4 > E3 > E2). They also suggest that human apoE may play a role in A $\beta$ clearance in addition to A $\beta$  fibrillogenesis. The extent of lipidation of apoE also exerts influence on the levels of A $\beta$  in the brains of transgenic mice.<sup>115</sup> Our study here demonstrates that this effect on A $\beta$  deposition may in part be due to the ability of apoEcontaining ASLPs to regulate physical properties of bilayers.

With the use of more physiologically relevant substrates such as cells and lipid bilayers, obtaining physical insights into the formation of toxic aggregates and their modes of operation using AFM is becoming more feasible. The ability to directly image and measure changes in mechanical properties associated with specific interactions on increasingly physiologically relevant substrates in a "quasi" real-time fashion can provide new insights that are exceedingly difficult to obtain using other traditional methods. In the case of A $\beta$ , its interaction with total brain lipid extract bilayers as observed by AFM<sup>24,93,116</sup> is particularly useful as a model system since the observed disruption may represent one of A $\beta$ 's potential toxic pathways. Such A $\beta$  induced membrane disruption can be thus used to study the effect of relevant biomacromolecules and complexes on this process as was shown here for apoE-containing ASLPs. This provides the opportunity to explore the ability of potential therapeutic agents designed to inhibit A $\beta$  aggregation and protect membranes from A $\beta$  induced disruption. Similar studies developing model bilayer systems have been carried out with other conformational disease related proteins,<sup>117</sup> indicating that these types of studies are feasible.

# METHODS

Sample Preparation. Synthetic  $A\beta_{1-40}$  was obtained from AnaSpec Inc. (San Jose, CA) and dissolved in dimethyl sulfoxide (DMSO) to make two separate stock solutions at a concentration of 2.4 mg/mL. These stock solutions were then dissolved in phosphate-buffered saline (PBS) buffer (pH 7.3) to a final concentration of 48 µg/mL (final DMSO concentration less than 2%). Astrocyte secreted apoE3- and apoE4-containing particles were prepared and purified as described earlier<sup>118</sup> from transgenic mice expressing human apoE3 or apoE4.<sup>119</sup> The isolation of astrocyte secreted lipoprotein particles, obtained from astrocyte culture media, was performed by antibody affinity chromatography. Total brain lipid extract (porcine) was purchased from Avanti Polar Lipids (Alabaster, AL), dried under a nitrogen stream, lyophilized, and resuspended in PBS (pH 7.3) at a concentration of 1 mg/mL. Using an acetone/dry ice bath, bilayers and multilayer lipid sheets were formed by five cycles of freeze-thaw treatment.<sup>23,24</sup> The lipid suspensions were then sonicated for 15 min to promote vesicle formation. All experiments were performed with the same lot of lipids.

**AFM Imaging Conditions.** In situ AFM experiments were performed with a Nanoscope III MultiMode scanning probe microscope (Digital Instruments, Santa Barbara, CA) equipped with fluid cell and a vertical engage J-scanner. Images were taken with V-shaped oxide-sharpened silicon nitride cantilever with a nominal spring constant of 0.5 N/m. Scan rates were set at 1-2 Hz with cantilever drive frequencies ranging from  $\sim$ 8 to 10 kHz. Concentrated TBLE vesicle solution was added to the cell in 40  $\mu$ L aliquots by the hanging drop method and allowed to

fuse in situ on a freshly cleaved mica substrate. Once a  $50 \times 50 \ \mu m^2$  patch of predominately defect-free bilayer was formed, the cell was flushed to remove vesicles remaining in solution. Only predominately defect-free bilayers that were  $50 \times 50 \ \mu m^2$  were used for studies with A $\beta$ . Then, a 30  $\mu$ L aliquot of PBS buffer (for control experiments) or ASLPs at an appropriate concentration was added to the fluid cell. After ~2 h, 20  $\mu$ L of 48  $\mu$ g/mL A $\beta_{1-40}$  solution was added through the channels in the fluid cell, resulting in a final A $\beta$  concentration of 9.6  $\mu$ g/mL. To study the possible interaction of ASLPs was extracted after 2 h in some experiments via the fluid cell channels without the addition of any A $\beta$ . These extracted ASLPs were imaged, and their sizes were analyzed using tip correction procedures and size analysis.<sup>49</sup>

For experiments aimed at elucidating the aggregation of  $A\beta_{1-40}$  peptides under free solution conditions, 48  $\mu$ g/mL stock solutions of  $A\beta_{1-40}$  were allowed to aggregate at room temperature in microcentrifuge tubes. These solutions were sampled at 24 h intervals for five consecutive days by taking 5  $\mu$ L aliquots of each solution and spotting them on freshly cleaved mica. These depositions were washed with 200  $\mu$ L of HPLC grade water and dried under a gentle stream of nitrogen.  $A\beta$  aggregates deposited on mica were imaged ex situ using a Nanoscope III MultiMode scanning probe microscope (Veeco, Santa Barbara, CA) equipped with vertical engage J-scanner and operated in the tapping mode. Images were taken with a diving board shaped silicon cantilever with a nominal spring constant of 40 N/m. Scan rates were set at 2–3 Hz with cantilever drive frequencies of approximately 300 kHz.

For SPAM experiments designed to explore the effect of apoEcontaining ASLPs on supported bilayers,  $5 \times 1.25 \,\mu\text{m}^2$  images were captured at 256 imes 64 pixel resolution with other operation parameters set as described earlier. Cantilever deflection trajectories were simultaneously captured via a Nanoscope signal access module using a CompuScope 14100 data acquisition card (Gage, Lachine, Quebec) and custom written software. Trajectories were captured at 5-10 MS/s and 14 bit resolution. To ensure that areas of exposed mica would be present for an internal reference for SPAM experiments, 40  $\mu$ L of the suspended vesicle solution diluted 5 times was added directly to the cell using the hanging drop method, and placed on freshly cleaved mica, allowing the vesicles to flatten into bilayer patches. Once stable patches appeared,  $20 \,\mu\text{L}$  of  $30 \,\mu\text{g/mL}$  ASLP solution was added via the channels in the fluid cell and allowed to sit for 2 h before performing another SPAM experiment on the bilayer.

**Quantitative Analysis of AFM Images.** The AFM images gathered in this study were evaluated using software that automated size analysis of objects. The software locates individual objects in an AFM image and measures their volumes and heights and other geometrical characteristics and facilitates quick analysis of thousands of individual objects, organizing individual measurements into large data sets of which statistical measures could be made.<sup>49,120</sup> Contributions due to the finite shape and size of the tip were compensated for, based on geometrical simulations as described previously.<sup>49</sup>

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# Author Contributions

Lipoprotein particle purification was performed by J.D.F and D. M.H. Experiment design, peptide preparation, and AFM characterizations were accomplished by J.L. and T.K. Data analysis, writing, and editing were completed by J.L., D.M.H., and T.K.

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# ABBREVIATIONS

AD, Alzheimer's disease;  $A\beta$ , amyloid- $\beta$  peptide; apoE, apolipoprotein E; ASLPs, astrocyte secreted lipoprotein particles; AFM, atomic force microscopy; APP,  $\beta$ -amyloid precursor protein; CNS, central nervous system; PBS, phosphate-buffered saline; rms, root-mean-square; SPAM, scanning probe acceleration microscopy; TBLE, total brain lipid extract

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